

Course Name: vanGUARD

Hours to complete: 4.00

CEUs: 0.40 **Description:** 

.4 IACET CEUs, vanGUARD Aquatic Leadership E-Learning Course is an aquatics facility supervisor course designed to develop lifeguard supervisors and meet the Model Aquatic Health Code Section 6.2.2. Lifeguard Supervisor Training Elements required. This e-Learning course provides students a complete online course that includes all supervisor training information, as well as interactive reinforcement of knowledge and testing within each chapter of the course to verify content knowledge. This e-learning course covers important themes such as the role of the aquatic facility supervisor, being preventative to reduce risks and mitigate health and safety hazards in an aquatic facility and applying four critical actions when supervisors respond to emergencies in an aquatic facility. Students will learn how to inspect emergency rescue equipment, develop and evaluate lifeguard zone of protection® areas and hold lifeguards accountable to maintaining a standard of care in those zone of protection® areas with E&A's zone validation® process. Students will identify human factors that impact water quality and clarity upkeep and evaluate support techniques that supervisors and lifeguards can apply to reduce risks and mitigate health and safety hazards. Course completion includes concluding all online chapter assessments successfully.

### **Prerequisites:**

- 1. Persons enrolling in vanGUARD: Aquatics Leadership E-Learning Course should be at least 18 years of age.
- 2. Candidates must possess a current or past lifeguard course credential and have at least 3 months of lifeguarding experience.
- 3. Students must be able to speak English verbally.
- 4. Course tuition fee must be paid in full before the beginning of the first scheduled date of the class.
- 5. Students must possess access to the course materials (online module, electronic student workbook & eBook) prior to being admitted into the course.
- 6. Students will need access to a desktop computer, laptop computer or tablet with internet access for a sustainable period of time to complete a 4-hour module.
- 7. Student computers or tables must also have access to adobe PDF reader to obtain course materials.
- 8. Prior certification in lifeguarding and / or in First Aid and Healthcare Provider level CPR/AED training will enhance the learning experience in some modules that directly relate to skills in the aforementioned training program.
- 9. Candidates participating will need adobe reader on their device

#### **Evaluation:**

- Successful completion of all course lessons and lesson review questions.
- Successful demonstration of skills through interactivities presented in the online modules.
- Students must complete each lesson's review quiz to complete the course.

## **Outcomes:**

Students will be able to

- 1. Explain the various responsibilities of the aquatics facility supervisor.
- 2. Describe how the 10/20 Protection Standard<sup>TM</sup> and lifeguard scanning can reduce risks and mitigate health and safety hazards.
- 3. Identify how to design and evaluate lifeguard Zone of Protection® area(s) for an aquatic venue applying E&A's Zone Validation® process.
- 4. Apply basic safety approaches to everyday situations to be preventative and reduce overall facility risks.
- 5. Recall the factors that impact water chemistry and clarity.



- 6. Recognize methods to support water quality upkeep as an aquatic facility supervisor.
- 7. Interpret how to use human senses to evaluate potential pool water quality issues to reduce risks and eliminate hazards.
- 8. Evaluate how training and other methods relate to holding lifeguard accountable.
- 9. Apply the four critical actions that supervisors perform during facility emergencies.

# **Expectations:**

- Students can expect to complete the online course at their own pace.
- Learners should anticipate interactive skills assessments in the online course modules.

# **Suggested preparation:**

Read and review the vanGUARD: Aquatics Leadership Student eBook and complete the chapter review questions during the online module content.